

OCTOBER 2017

MON

TUE

WED

THUR

FRI

NATIONAL SCHOOL LUNCH WEEK

OCTOBER 9-13
squaremeds.org/nslw

ESRLY BIRD SANDWICH, CEREAL, TOAST, JUICE, FRUIT, JUICE, MILK W 1	CHICKEN-N-BISCUIT, CEREAL BAR, YOGURT, FRUIT, JUICE, MILK	BISCUIT, GRAVY, SCRAMBLED EGGS, BACON, CEREAL, TOAST, FRUIT, JUICE, MILK	PANCAKE WRAP, YOGURT, PBJ, FRUIT, JUICE, MILK	CINNAMON ROLL, SAUSAGE CEREAL, TOAST, JUICE, FRUIT, MILK
2	3	4	5	6
PANCAKES, BACON, CEREAL, TOAST, JUICE, MILK W 2	SUNRISE SANDWICH, PBJ, JUICE, FRUIT, JUICE, MILK	FRENCH TOAST STICKS, SAUSAGE, MUFFIN, YOGURT, JUICE, FRUIT, MILK	BREAKFAST STRUDEL, YOGURT, PBJ, JUICE, FRUIT, MILK	BREAKFAST BURRITO, CEREAL, TOAST, JUICE, MILK
9	10	11	12	13
SAUSAGE KOLACHE, YOGURT, BREAKFAST ROUND, YOGURT, FRUIT, JUICE, MILK W 3	BREAKFAST TAQUITO, BREAKFAST STRUDEL, CHEESE STICK, FRUIT, JUICE, MILK	WAFFLE SAUSAGE, CEREAL, TOAST, JUICE, FRUIT, JUICE	BREAKFAST PIZZA, CEREAL, TOAST, FRUIT, JUICE, MILK	DONUT, SAUSAGE CEREAL, TOAST, JUICE, FRUIT, MILK
16	17	18	19	20
PANCAKES, SAUSAGE, CEREAL, TOAST, JUICE, MILK W 4	BREAKFAST BURRITO, PBJ, FRUIT, JUICE, MILK	BISCUIT, SCRAMBLED EGGS, BACON, CEREAL, TOAST, FRUIT, JUICE, MILK	SAUSAGE KOLACHE, YOGURT, CEREAL BAR, YOGURT, FRUIT, JUICE, MILK	BREAKFAST CLUB, MUFFIN, YOGURT, FRUIT, JUICE, MILK
23	24	25	26	27
BISCUIT, GRAVY, SCRAMBLED EGGS, CEREAL, TOAST, FRUIT, JUICE, MILK W 5	WAFFLES, BACON, MUFFIN, YOGURT, FRUIT, JUICE, MILK			
30	31			

Special Announcements

Good Eats at:

MOTLEY COUNTY I.S.D.
BREAKFAST MENU

FUN facts
ON BACK!

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER







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NATIONAL SCHOOL LUNCH WEEK

OCTOBER 9-13
squaremeals.org/nslw

MON	TUE	WED	THUR	FRI
TAQUITO/ QUESO, CHARRO BEANS, CORN, FRUIT, MILK W1 2	MEATBALL SUB SANDWICH, POTATO ROUNDS, VEGGIE CUP, MIXED FRUIT, MILK 3	CHICKEN NUGGETS, MAC AND CHEESE, GREEN BEANS, SALAD, APPLE SLICES, MILK 4	PIZZA, CORN, SALAD, TINY TOMATOES, FRUIT, MILK 5	FRITO PIE, LETTUCE TOMATO GARNISH, SLICE CUCUMBERS, BABY CARROTS, APPLESAUCE, MILK 6
BREADED PORK CHOP, GRAVY, MASHED POTATOES, SLICED CARROTS, HOT ROLL, STRAWBERRY/ BANANAS, MILK W2 9	FRENCH BREAD PIZZA, SALAD, CALIF. BLEND VEGETABLES, FRUIT CUP, MILK 10	BONELESS CHICKEN WINGS, MULTIGRAIN CHIPS, CELERY STICKS, BABY CARROTS, ORANGE, MILK 11	MEXICAN COMBO PLATE, CORN, REFRIED BEANS, LETTUCE TOMATO GARNISH, FRUIT, MILK 12	POPCORN CHICKEN, HOT ROLL, OVEN FRIES, BROCCOLI BITES, FRUIT, MILK 13
CHICKEN DRUMSTICK, TEXAS TOAST, CORN, BABY CARROTS, FRUIT, COOKIE, MILK W3 16	CRISPY TACOS, VEGGIE CUP, CHARRO BEANS, APPLE-PINEAPPLE D'LITE, MILK 17	CHICKEN NUGGETS, MASHED POTATOES, HOT ROLL, SALAD, TUSCAN VEGETABLES, FRUIT, MILK 18	CHEESEBURGER, HAMBURGER GARNISH, OVEN FRIES, BABY CARROTS, ORANGE, MILK 19	CHICKEN PARMESAN, BREADSTICK, GREEN BEANS, SALAD, FRUIT, MILK 20
CORN DOG, TATER TOTS, BAKED BEANS, PINEAPPLE CHUNKS, MILK W4 23	NACHO GRANDE, REFRIED BEANS, CUCUMBER SLICES, TINY TOMATOES, FRUIT, MILK 24	X-TREME BURRITO, CORN, FRESH VEGGIE CUP, MANDARIN ORANGES, MILK 25	ASIAN BOWL, EGGROLL, SALAD, FRUIT, MILK 26	CHEESE PIZZA, BABY CARROTS, BROCCOLI SALAD, FRUIT, MILK 27
COUNTRY FRIED STEAK, GRAVY, MASHED POTATOES, OKRA, HOT ROLL, STRAWBERRY CUP, MILK W5 30	MEAT CHEESE CHALUPAS, SLICED CUCUMBERS, REFRIED BEANS, LETTUCE TOMATO GARNISH, FLAVORED APPLESAUCE, MILK 31	 TEXAS DEPARTMENT OF AGRICULTURE COMMISSIONER SID MILLER 		

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LUNCH MENU

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