

SHAC Meeting Minutes---April 6, 2015

A meeting of the Motley County School Health Council was held in the boardroom on April 6, 2015. Those present were Minnie Collett, Rosalee Davis, Lauren Drum, Denise Laurence, Bobbie Brown, Brittany Moore, Melissa Mora, Abbey Eudy, Steve Wolf, and Judy Cooper. SHAC chairman Judy Cooper called the meeting to order and welcomed everyone, especially the new members and thanked them for coming to the meeting. She then gave a brief overview of the SHAC committee.

Rosalee Davis gave a short report on Nutrition Services. USDA is responsible for many of the rules that govern the lunch program. ESC 17 provides cycle menus to meet USDA guidelines. The Health inspector came today (4/6) and we received a perfect score!

In the Staff Wellness component report, once again the Wellness Bus from Covenant Medical Systems came and the staff was able to participate in the yearly health screening. Also we still have the fitness room for the use of the staff members. Other school health reports included that Drug Free Week was observed in Oct.

In new business Abby Eudy talked about the "Motley Miler" a 5K/1mile run that will be held in Matador on June 6th. Proceeds from the race will benefit the MSCIS technology program. Any SHAC members that are not participating in the race that day could help with the race administration.

Also under new business Mr. Wolf discussed the "Bill is no Bully" program that is coming to our school on May 8th. Mrs. Cooper gave a brief update on "sexting" material that has been added to the Choosing the Best health curriculum.

Mrs. Cooper then asked if there were any suggestions for future programs or projects for SHAC and any ideas for new members. Some program ideas were anything that has to do with texting/drinking while driving, and drug and alcohol education.

Next meeting date will be Monday, April 27th at 5:15.

Meeting adjourned.

Submitted by Judy Cooper